

Orientation Schedule for UG First Year 2022-23

Date	Time	Event	Batch 1	Batch 2	Batch 3	Venue
06.11.2022	06:30 AM - 08:00 AM	Physical and Mental Health Activities* (Yoga(Y), Meditation(M), Aerobics(A))	✓ (Y)	✓ (M)	✓ (A)	Yoga - VLTC porch Meditation - Student Activity Center; Aerobics -Central Lawn
	10:00 AM - 2:00 PM	Wellness Camp: Navigating Skills for Transition to College Life	✓	✗	✗	Open Air Theatre
	10:00 AM - 2:00 PM	Informal Event of Clubs + Club auditions for Cultural Night	✗	✓	✓	VLTC lecture halls
	3:00 PM - 4:00 PM	Panel Discussion: Subject: Gender Sensitization	✓	✓	✓	Central Lawn
	4:15 PM - 4:45 PM	Tea for first year UG students and their parents	✓	✓	✓	Central Lawn
	4:45 PM - 5:45 PM	Student Challenges, Issues and Opportunities (Deans' Discussion)	✓	✓	✓	Central Lawn
	06:00 PM - 8:00 PM	Inauguration of the Orientation Program: Formal address by Director, Deans, and other Dignitaries	✓	✓	✓	Central Lawn
07.11.2022	06:30 AM - 08:00 AM	Physical and Mental Health Activities* (Yoga(Y), Meditation(M), Aerobics(A))	✓ (A)	✓ (Y)	✓ (M)	Yoga - VLTC porch Meditation - Student Activity Center; Aerobics -Central Lawn
	09:30 AM - 12:30 PM	Campus & Department Tour**	✓	✓	✓	Start from VLTC Porch
	1:30 PM - 05:30 PM	Wellness Camp: Navigating skills for Transition to college life	✗	✓	✗	Open Air Theatre
	1:30 PM - 05:30 PM	Informal Event of clubs + Club auditions for Cultural Night	✓	✗	✓	Central Lawn
	5:30 PM - 06:00 PM	Tea for first year students	✓	✓	✓	Central Lawn
	6:00 PM -8:00 PM	Panel Discussion Subject: Ethics, Wellness, stress management	✓	✓	✓	Central Lawn
08.11.2022	06:30 AM - 08:00 AM	Physical and Mental Health Activities (Yoga(Y), Meditation(M), Aerobics(A))	✓ (M)	✓ (A)	✓ (Y)	Yoga - VLTC porch Meditation - Student Activity Center; Aerobics -Central Lawn
	10:00 AM - 2:00 PM	Wellness Camp: Navigating skills for transition to college life	✗	✗	✓	Open Air Theatre
	10:00 AM - 2:00 PM	Informal Event of clubs + Club auditions for Cultural Night	✓	✓	✗	VLTC Lecture Halls
	3:30 PM - 4:00 PM	Tea for first year UG students	✓	✓	✓	Central Lawn
	04:00 PM -06:00 PM	Panel Discussion Subject: Engineering Career Prospects	✓	✓	✓	Central Lawn
	06:30 PM - 08:30 PM	Cultural Evening	✓	✓	✓	Central Lawn